

Welcome to the 50th edition of The Mardler! Would you like to see your photograph heading up the next edition of the Mardler? Please send your images to admin@swantonmorley.org and we will choose our favourite to be published next time with a credit to the photographer. The image must be taken in Swanton Morley and will need to fit across this page. We look forward to seeing your creative images of our lovely village. Happy snapping!



In this edition we would like to express our thanks to local residents Callum and Mark who kindly built a secure box to house unneeded items of food and consumables. They have installed it at the Village Hall and

we hope this will provide support for anyone who might be struggling to buy essentials. If anyone is able to donate items for this then please contact our Parish Office on 01362 637166 and speak to Kelly or Jane. They will be checking the box regularly and make sure it is stocked up. Your help with this community facility will be greatly appreciated.

Thank you!

This summer we are planning to celebrate the Queens Platinum Jubilee with a festival that will run from 2 June to 5 June. Please come along and help to make this a community event to remember. More details inside!



#### **Swanton Morley Parish Council**

Swanton Morley Village Hall
Mann's Lane
Swanton Morley
Dereham—NR20 4NP

www.swantonmorleypc.info					
C	01362 637166	X	parishcouncil @swantonmorley.org		
f	@SwantonMorleyPC	5	@swantonclerk		
www.swantonmorleyvillagehall.co.uk					
f	@SwantonMorley VillageHall		admin @swantonmorley.org		

Parish Clerk: Kelly Pickard Assistant Clerk: Jane Fabisz

Please contact us with your concerns or ideas for the village using any of the above methods....we look forward to hearing from you!

Our office hours are:

9am – 1pm Monday - Friday



Your Parish Councillors						
Mr Roger Atterwill Chairman 07841488860	Mrs Br O'Do Vice Cha 01362 6	wd airman	Mr Jim Venworth 01362 637963			
Mr John Keen 07767 405098	Mr Geoffrey Curran 01362 637069		Mr Jose Rodrigues c/o 01362 637166			
	Mr David Turner 07719177527					
Your District Councillors						
Mr Roger Atte 0784148886		Mr Richard Duffield 01362 860677				
Your County Councillor						
Councillor Bill Borrett 01362 860200 bill.borrett.cllr@norfolk.gov.uk						

## Parish Council and Village Hall Trust Meetings

7.30pm -11th April

7.30pm -13th June

7.00pm - 25 April (Annual Parish Meeting)

7.30pm - 9 May (Annual Meeting of the Parish Council)

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#### Parishioners always welcome!

The agenda for each meeting will be displayed on the notice board at the junction of Woodgate Lane and Greengate and published on our website at:

www.swantonmorleypc.info/minutes-and-agendas

#### SWANTON MORLEY COMMUNITY LITTER PICK

Sunday 3rd April at 10am

Meet at the Village Hall

Equipment provided

Contact Jane or Kelly for more information.

Tel 01362 637166

LETS HELP KEEP SWANTON MORLEY TIDY!



## Swanton Morley Parish Council have a vacancy for a Co-opted Parish Councillor.

#### Becoming a Councillor:

- ✓ Have an input into the matters of the village
- ✓ Suggest ideas to improve our village and community
- ✓ Communicate with the public concerning issues and needs locally
- ✓ Assist with solutions to outstanding issues
- ✓ Get involved with your local community
- ✓ Make a difference
- ✓ Attend monthly meetings at Swanton Morley Village Hall
   held on the second Monday of each month

If you would like to apply to join the Parish Council, please contact the Clerk to the Council for an application pack.

Kelly Pickard (Clerk to the Council) parishcouncil@swantonmorley.org or Tel: 01362 637166

Applications are to be submitted to the Clerk by 12 noon on Monday 28th March 2022.

We look forward to the future of Swanton Morley Village





Free wildflower seeds

# Climate Action & Sustainability Event

Saturday 23rd April 2022 • 10.30am – 12.30pm Swanton Morley Village Hall

A fun, free, family-friendly event about how we can all make a difference now, and for the future generations of our village.

#### Join us for fascinating talks:

11.00am-11.15am How to plant trees that survive, with Alasdair Monteith

11.30am-11.45am How we achieved Eco School Status, with Northgate High School

12.00pm-12.15pm Composting for beginners, with Mark Hudson

SHARE Your ideas about how we can make

our community more sustainable

**EXPLORE** What small actions you can take to

make a big difference

**LEARN** About the actions we're already

working on as a group

CHAT With likeminded locals passionate

about sustainability

TAKE By finding out how you can get ACTION involved in our working party.

For all the latest news: facebook.com/ClimateActionforSwantonMorley/

Interested in joining the Climate Action for Swanton Morley group? Email admin@swantonmorley.org

#### **RECYCLING AT THE VILLAGE HALL**

Did you know that you can recycle glass at the Village Hall and they receive cash which goes towards projects that support the local community. Why not collect all your glass and use the Village Hall recycling center instead of your recycling bin and the community will benefit. You can also recycle paper if your



own bin is overflowing and there is a clothing bank that supports the Salvation Army and a SENSE bank where you can donate media such as DVD's and CD's. Please support the Village Hall and these charities if you can.



Climate Action for Swanton Morley relaunched its working group in January this year to work with the local community to address climate change

and environment issues. Alongside taking action and planning for the longer term we hope to act as a source of information to share with local residents to facilitate climate and environment improvement actions.

If you would like to volunteer to join this group or just find out more about what they and you can do to make a difference for future generations please come along to the Village hall on 23 April or contact Jane or Kelly at the Village Hall office.

If you are coming to the event please bring along the following for Northgate School to recycle:

- Pringles tubes and non savory biscuit wrappers
- Cake bar wrappers and cracker wrappers.
- Writing instruments—pens etc
- Bread bags/bakery plastic.





Swanton Morley Parish Council presents the Platinum Jubilee Festival running from Thursday 2nd June 2022 until Sunday 5th June 2022.

### Family fun sports afternoon

# Lighting the Jubilee beacon Big Jubilee Lunch

Wreath making competition

## Scarecrow competition

#### Dereham Band - Brass on the Grass

And much more......

To be involved with this memorable event please contact the Parish Office:

Kelly Pickard-01362 637166

parishcouncil@swantonmorley.org



#### **Get involved with the Platinum Jubilee!**

Colour in the poster below and displaying it in your window. Copies available from the Village Hall!



#### **Breckland Community Care Team**

Many things affect our health and wellbeing, for example, people may visit their GP because they may be feeling stressed about their work, money, or because they are lonely and isolated, and these problems cannot be fixed by medicine, or doctors alone. Helping people to address these social issues in their life will help them improve their physical and mental health.

Breckland Council have engaged Community Connectors as part of their Care Team to connect with people and provide practical and emotional support. They have time to build trusting relationships, starting with what matters to the person, creating a personalised health and wellbeing plan and introducing them to a range of activities that are typically provided by voluntary and community sector organisations, for example, volunteering, arts activities, group learning, gardening, befriending, cookery, healthy eating advice and a range of sports.

Community Connectors helps people to manage their needs in a way that suits them. It can especially help people who:

- •have one or more long-term conditions
- •need support with your mental health
- •are lonely or isolated
- have complex social needs which affect your wellbeing

If you think you would benefit from talking to a Community Connectors or would like to meet the Team then please come along to the Community Café on 29 March. There will be free tea and coffee for everyone!

The pandemic has left many of us in need of support. The Parish Council have trained staff and councillors in Mental Health Awareness and can help signpost residents to support services if they need them.

If you need help speak to Kelly or Jane at the Parish Council office situated at the Village Hall or contact one of the charities or services below.



Tel. 0800 144 88 48

Web. ncab.org.uk



Tel: 0300 123 1503

www.wellbeingnands.co.uk/norfolk/



Tel 0300 123 3393 Web:

www.mind.org.uk/



salvationarmy.org.uk



National Energy Action

Tel. 0800 304 7159



Tel: 116 123 Web: samaritans.org

# Community Café Swanton Morley Village Hall Tuesdays 9am - 3pm

Breakfast, coffee, cake, lunch, afternoon tea...

Everybody welcome!



On 29th March we will be giving away a free drink to everyone that comes along. !



Following consultation with The Friends of Swanton Morley School the Parish

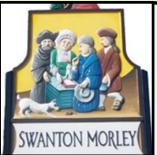
Council have agreed to use funding received from developers contributions for a new Trim Trail at the School. It is hoped that this will be installed during the Easter Holidays and will commemorate the Queens Platinum Jubilee year.



#### **Home Security Tips**

- Secure locks and windows.
- If you have a sidegate, use a padlock to prevent entry.
- Make sure your garages and sheds are secure.
- Mark your valuables with your postcode.
- If you are going on holiday put your radio and lights on a timer to make it look like someone is home.
- Don't leave spare keys in a garage or shed and place all keys away from windows when indoors.
- Always ask for ID from people that you are expecting such as engineers or tradesperson. Use a door chain until you are satisfied they are genuine.

Free safety door stickers are available from the Village Hall. Please call by and collect one.



#### **Update from the Parish Council**

The Parish Council held their budget meeting for 2022 / 2023 in January and agreed that work needs to be undertaken to improve the outdoor spaces in the village. Following discussions the council now has plans to improve these spaces to

#### include:

- Completion of the installation of a trod on Woodgate Road.
- Design and Installation of a footpath in the Burial Ground
- Installation of a water supply into the burial ground
- Installation of new litter bins at various locations around the Village.
- Maintenance and improvements to the children's play area and equipment in Gooseberry Hill Park
- Improvements to the memorial lectern and open space on Davidson park
- Replacement of some noticeboards to improve communication with the parishioners
- Replacement of the Millennium sign on the Village Green

We hope you enjoy seeing the improvements take place over the coming months.



#### **Community Speed Watch Update.**

The Community Speedwatch Scheme restarted in January this year and so far sessions have been successful in deterring drivers from speeding through the Village. Several vehicles SWANTON MORLEY ARISH COUNCIL



have been recorded travelling over the threshold and will be contacted by Norfolk Constabulary.

However we need more volunteers to be able to run this scheme effectively so if you are keen to deter speeding traffic in the village and

> can contribute an hour a week or a couple of hours a month to support the scheme please contact Jane at the Parish Council office.

> We would also like to take this opportunity to thank our current volunteers for their time and making the village a safer place.

#### Lemon drizzle simnel slices

#### **Ingredients**

oil for the tin

250g butter softened

250g golden caster sugar, plus 50g for the topping

2 large lemons, zested and juiced

3 large eggs 200g plain flour

100g ground almonds 2 ½ tsp baking powder

50ml milk

100g mixed dried fruit

300g marzipan chilled

50g icing sugar

#### Method

Step 1 Heat oven to 180C/160C fan/gas 4. Oil and line a 20cm x 30cm baking tin with baking parchment. Beat the butter and sugar with most of the lemon zest until pale and fluffy. Add the eggs one at a time, mixing constantly, then add the flour, almonds and baking powder, and keep mixing until you

Step 2 Scrape half the cake batter into the tin and level the surface. Coarsely grate half the marzipan onto the batter to create an even layer, then cover with the rest of the batter, trying not to disturb the marzipan too much. Level the top and bake for 35-40 mins or until a skewer inserted into the centre comes out clean. If any wet cake mixture clings to the skewer, return the cake to the oven for 5 mins, then check again. Mix the remaining caster sugar with a quarter of the lemon juice, then drizzle over the cake while still warm. Leave the cake to cool in the tin.

Step 3 Mix the icing sugar with enough lemon juice to make a drizzly icing – 2-3 tsp should be enough. Divide the rest of the marzipan into 11 even lumps and roll into balls. Drizzle the icing over the cake, top with the marzipan balls and sprinkle with the remaining lemon zest. Will keep in an airtight container for up to five days. Happy Easter!





## Swanton Morley Village Hall

For all of your private hire and regular hire needs

Competitive hire rates \* good value packages discounts \* fully staffed bar

We are pleased to announce that The Village Hall is fully open following the lifting of Government restrictions and we are keen to get the local community using it again. Situated in 9 acres of rural grounds, Swanton Morley Village Hall is a multi-functional building that can be tailored to personalise your event - large or small. There is ample free parking and good road links to the nearby market town of Dereham and beyond.

Whether a party, wedding reception, theatre production or quiz night, the hall is versatile and adaptable to your needs, including extras such as staging and full performance licencing (PRS and PPL) at no extra charge.

With a good selection of wines, spirits, draught and bottled beers, ciders and soft drinks at affordable prices, our fully licensed and fully staffed bar can take your event to the next level and means one less thing for you to worry about.

Our full commercial kitchen, complete with servery, is an asset for you or your caterers and includes 2 fridges, freezer, oven, dishwasher, microwave, deep fat fryer, grill and toaster. Outside is ample green space to allow your event to spread out and enjoy the peaceful surroundings.

So whether it be for a one off fun event or for more regular meetings, get in touch, come and have a look and see what we can offer...you won't be disappointed!

Contact Kelly or Jane for more information

Tel: 01362 637166

Email: admin@swantonmorley.org

Website: www.swantonmorleyvillagehall.co.uk

#### Swanton Morley Village Hall Clubs and Groups

Little Swans Pre-School littleswans1@gmail.com	Monday - Friday (term time)
Swanton Brownies Jane Hamilton or Louise Chapman swantonmorleybrownies@gmail.com	Mondays 5.30pm to 6.30pm (Term Time)
Table Tennis Lindsey Horsted 01362 638155 lindsayhorstead@hotmail.com	Mondays 7.30pm to 10.00pm
Move It or Lose It exercise classes Jo: 07941086603 Sam: 07925602862	Tuesdays (two classes) 10am to 11am and 11am to Midday
Primary Paws dog training Stacy Fenn primarypawsdt@hotmail.com	Tuesdays 6.30pm to 8.30pm
Gardening Club Belinda Bowden: 01362 686893	Last Tuesday of the month from 6.30pm
Pilates Carolyn Weston: 07956 370190 carolyn@norfolkpilatesandtherapy.co.uk	Wednesdays 10.30am to 11.30am
BAM Fitness Mark Woods m.woods38@hotmail.com	Wednesdays 6pm to 7pm
Scarning Art Club mike@mdeward.co.uk	Thursdays—9am to 12pm
Baby Bees Norfolk Lauren Tolley lauren@babybeesnorfolk.co.uk	Mondays between 9.30am and 12.30pm
Galaxy Twirlers Kolette Goldsmith koletteg40@gmail.com	Thursdays 5pm to 7pm
Swanton Morley FC Steve Grange Tel: 07887 893874	Please call for more information
Cockers FC Dougie King Tel: 07957764431	Please call for more information